

VERTICAL PEC FLY  
JPC-103

◆ The Vertical Pec fly implements the traditional chest fly movement into a compact machine. The platform is height adjustable to accommodate lifters of all sizes.

◆ **DIMENSION:**  
Length : 58 inches / 147 cms  
Width : 40 inches / 102 cms  
Height : 82 inches / 208 cms  
Weight Stack : 220lbs / 100kg

◆ **MUSCLE WORKED:**  
Pectoralis Major  
Anterior Deltoid

